

Route de l'Amitié - Sentierinsieme - Pathway Together - Miteinander unterwegs

Monday, June 29th from 4pm to Sunday July 5th 2020 morning (6 nights)
Briançon, Hautes-Alpes, France



This year, the stay will take place in the Southern Alps. We will be accommodated in a Reception Centre in Briançon (12 000 inhabitants). Briançon is the highest town in Europe (1300 m above sea level) and enjoys a very sunny climate. The town is surrounded by very well kept fortresses dating from Vauban, a famous 17th century architect, and is inscribed on the UNESCO World Heritage List. The old town conveys a certain charm with its narrow medieval streets. Briançon is also very close to Italy with the impressive passes of Galibier, Lautaret and Izoard. It is also the starting point for numerous hikes in the Parc des Ecrins, the Queyras Regional Park and the Nevache, Guisane, and Vallouise valleys. Grenoble and Torino are only a 100 kilometres away and Genova and Marseille about 250 kilometres away.



ACCOMMODATION AND COST

1- The stay at the Centre

The name of the Centre is CIPPA, « Centre international de préparation physique en altitude ». It is located in **rue Jean Moulin in Briançon (05100)**, near the railway station.

Latitude: 44.887419 - Longitude: 6.627634



The daily amount will be about 65 € per day

The price includes breakfast, picnic, dinner, night, and entertainment cost. It does not include transport costs to the starting points of the hikes, nor the nights in the mountain refuges which will have to be paid separately (see below).

The Centre enjoys a capacity of 100 beds. It will be reserved to our group only during that period. Two or four persons bedrooms will be available with a few single bedrooms (additional fee of 15 € per night depending on availability).

2- Nights in mountain refuges

Each participant will pay on site (please bring cash as they do not accept credit cards): about 50 € per night plus about 10 € if you order a picnic for the next day.

PROGRAM OF THE STAY: 6 NIGHTS, 5 DAYS WALKING

- Check-in and welcome: at the Centre, **Monday 29th**, from 4pm.

- The first two days: **Tuesday June 30th and Wednesday July 1st**

Discovery of the Briançon region and touristic walks nearby.

- The three following days: **Thursday 2nd, Friday 3rd and Saturday 4th**

We offer you various difficulty level treks: « Medium » or « Hard » with two nights in mountain refuges (four different walks, from the easiest to the hardest: medium 2, medium 1, hard 2, hard 1). This year, an « easy trek » group will be able to experience a trek over two days, sleeping in a refuge whereas the « easy-cool » group will stay at the Centre and will enjoy day hikes in the surroundings.

It is possible to choose to participate in only the first three days (arriving Monday and leaving Wednesday night or Thursday morning). Pre-registration identical to full stay.

Program by group

The first two days at the Centre, walks will be proposed with the same difficulties as described above.

From Thursday 2nd: six different courses for six different groups.

The « **Easy-cool** » group (20 participants) will stay at the Centre and will do daily easy walks or visits. There might not be a volunteer to go along with the group but they will be provided with brochures, leaflets and advice: discovery of the Nevache Valley, the Lautaret Alpine Gardens or walks along the canals.

The « **Easy-trek** » group (15 participants) will go for a two days hike, with one night in a refuge. Reach by car the Nevache Valley, start hiking from the Chalets de Fontcouverte, the path is a bit steep but only 260 m height difference climbing, with arrival in the nice site of Les Chalets de Ricou (2 hours walk). Picnic there next to the chalets and in the afternoon, for those willing to, climb to the Laramon Lake (1 hour 30 walk). For the other people, possibility to rest or stroll near the chalets. For all, overnight stay at the Chalet de Ricou refuge (45 € half board). Next day, return with a gentle walk along the stream.

The « **Medium 2 (-)** » group: a two nights course with three days hiking, between the Guisane and Clarée Valleys (15 participants):

- start Thursday from Bergerie de Granon car-park going up towards the Cristol Lake, then the Cote rouge balcony trail (rhododendrons!). Overnight we stay at the Buffière refuge (46 € half board);
- Friday, we join the Clarée Valley and up on the opposite side (Thabor course, balcony trail), possibility to climb to the Laramon and Snake lakes and back to the « Buffière » refuge for another night there (a day without much to carry);
- Saturday, we walk back to Bergerie de Granon through the Buffière pass (wonderful site overlooking the refuge), option to climb the Grand Area (2869 m) for some and then we walk down to the starting point.

Requirements: only for good walkers, four to seven hours walk a day, 360 m to 900 m height difference climbing and 250 m to 900 m descending.

The « **Medium 1 (+)** » group: a Queyras Valley trek from les Fonds de Cervières (15 participants):

- start Thursday 2nd from Fonds de Cervières towards the Malriff pass and lakes, descent to the village of Aiguilles-en-Queyras, night at the Petite Auberge (42 € half board);
- Friday, walk to the village of Château Queyras then lake of Roue, overnight in the Rochebrune refuge located in the hamlet of Souliers (45 € half board);
- Saturday, back to the Fonds de Cervières via the Peas pass.

Requirements: only for good walkers, five to seven hours walk, 800 m to 1000 m height difference climbing and 500 to 1500 m descending.

The « **Hard 2 (-)** » group: starting from Nevache village - the Vallon pass - the Vallée étroite - the Muandes pass - Drayeres - Laramon Lake (15 participants). First night in « I re Magi » refuge in the Vallée étroite, 1760 m (44 € half board, picnic 10 €). Second night in refuge des Drayeres, 2180 m (50 € half board, picnic 10 €).

The « **Hard 1 (+)** » group: circuit from Nevache village to the Thabor massif via the Rochilles and back through the Vallon pass (15 participants). First night at the Drayeres refuge, 2180 m (50 € half board, picnic 10 €). Second night in the Thabor refuge, 2500 m (46 € half board + 3 € for a shower and picnic 10 €).

More detailed information for « Hard » groups 1 and 2

[Hard 1](#) [Hard 2](#)

To participate in the « hard » treks, you must have done at least one « Hard » walk in the first two days.



REGISTRATION

Your registration will be declared valid only in March 2020 after the pre-registration and confirmation phases.

Terms of pre-registration:

The site will open from January 15th to February 15th
All requests will be considered; the speed with which you pre-register will not be a selection criterion
No pre-registration will be accepted after Saturday 15th of February

Confirmation of your registration

If you are accepted, you will receive confirmation in March with the amount and terms of payment.

Be careful not to engage any transportation pre-booking before our answer in March

HOW TO GET TO BRIANÇON

By plane

Torino 1 hour 30: bus at the station+ train to Oulx + bus to Briançon

Grenoble: 2 hours by bus

Marseille: 4 hours by train

Lyon 3 hours: shuttle + train to Grenoble and bus to Briançon

By train

Two railway stations possible: Briançon and Oulx in Italy

Direct buses for Briançon-Serre Chevalier from Paris, Lyon, Marseille, Aix-en-Provence.

Direct train lines for Oulx from Torino, Milano, Paris (TGV direct to Torino through col du Fréjus).

By car

Two motorways exits less than 100 km away from Briançon:

From Paris, Lyon, Torino, Nice A32 or A55 in Italy via the Montgenevre pass.

From Marseilles, Montpellier and the south take the A51 via Aix-en-Provence to the end then follow signs to Briançon.

For more detailed information: <https://www.serre-chevalier.com/fr/la-station/mobilite-et-transport/acces.htm>

The list of participants will allow you to try carpooling.